6 Weizmann Blvd., Tel Aviv 64239, Israel Tel: +972-3-697-3781

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# The Center for In-Service Training for International Physicians

**Information Booklet** 

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#### **About Tel Aviv Sourasky Medical Center**

Tel Aviv Sourasky Medical Center, one of Israel's largest and leading hospitals, serves the country's entire Tel Aviv metropolitan population. The Medical Center is located in Tel Aviv, Israel's business, entertainment, and cultural center, located near the shores of the Mediterranean Sea.

Tel Aviv Sourasky Medical Center contains four hospitals: Ichilov General Hospital, Lis Maternity and Women's Hospital, Dana-Dwek Children's Hospital, and Ida Sourasky Rehabilitation Center.

**Academic Instruction and Research** — The Medical Center also serves as a center of academic instruction and research, which is affiliated with the Sackler Faculty of Medicine at Tel Aviv University, and the Schonbrunn Nursing School.

**Center of Excellence** — In addition to being the hospital of the city of Tel Aviv, the Medical Center also serves as a national center of excellence and referral center in various medical disciplines, including general and oncological surgery; trauma; transplants; orthopedics specialties such as adult, pediatric, and oncology; otolaryngology (ear, nose and throat); head and neck surgery; neurosurgery; cardiology; neurology; dermatology; sexually-transmitted diseases; plastic and reconstructive surgery; microsurgery; gastroenterology; genetics; and nuclear medicine.

The Medical Staff at Tel Aviv Sourasky Medical Center — The Medical Center takes pride in its expert physicians, who cover many areas of medicine. A large portion of the medical staff are at the cutting edge of modern medicine and are world-renowned. Many of the Medical Center's physicians are high-ranking researchers who work to advance medical progress in Israel and around the world.

**Research and Development** — The Medical Center's physicians combine clinical work with activity in research and development. Hundreds of studies (basic and clinical) are conducted at the Medical Center each year in order to find new ways of understanding medical processes and discover new diagnosis and treatment approaches.

**Quality and Safety: JCI Accreditation** — In January 2014 and in June 2017, Tel Aviv Sourasky Medical Center received JCI (Joint Commission International) accreditation. This accreditation, which is earned by meeting the strictest standards that are required of hospitals in Israel and abroad, is awarded for excellence in quality and safety in the medical treatment that is administered in the hospital. **Tel Aviv Sourasky Medical Center passed the examination with excellence, earning a very high score at a global standard.** 

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An international center of knowledge —Tel Aviv Sourasky Medical Center maintains ongoing professional relationships with advanced medical centers all over the world, working together with partners on a daily basis. This dialogue enables the Medical Center to continue as a leader in medicine while both utilizing the most current knowledge in the hospital's day-to-day work and implementing the latest innovations in every field. We take pride in being a source of professional expertise for our colleagues all over the world.

**High-quality medical care for all** — The medical and nursing staff provide professional treatment and service of the highest level to patients from all over Israel and throughout the world. The hospital also serves as a bridge of peace, providing medical treatment to the population from the Palestinian Authority and Arab countries.

#### **Types of In-service Training Courses**

As an academic medical center of renown that stands at the forefront of advanced twenty-first-century medicine, we offer a variety of courses and in-service training that surveys the latest innovations in contemporary medicine: treatment methods, as well as systems and approaches in diagnosis, treatment, and prevention.

### A. Individualized In-Service Training for Physicians

During the individualized in-service training, the physician undergoing the training joins a senior physician (English- or Russian-speaking) in the department in his/her ongoing work in the department and in the clinic.

### The training includes:

- Attending morning meetings of the department's medical staff: a general survey of patients in the department and making decisions regarding the recommended treatment plan
- Joining the morning rounds of the department's medical staff at the patients' bedsides
- Attending meetings of the senior medical staff in which complex cases are discussed, with analyses of similar known cases, and recommendations formulated for continued treatment

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- Attending multidisciplinary meetings and meeting senior physicians from various areas of specialization while encountering various approaches to treatment
- Accompanying the senior physician during consultations in other departments, as needed
- Accompanying the medical staff in the outpatient clinics and day hospital facilities, which enables the physician undergoing training to learn and become familiar with the operation of the clinic and the day-to-day challenges faced by its staff
- Exposure to the routine management methods in the departments and the clinics, as well the as the day-to-day interactions between the professional staff, senior physicians, interns, nurses and nursing staff, aides, and other service providers

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#### **General Information**

- Hours of operation: The in-service training program is individually tailored to the needs and preferences of the participants. The duration of the in-service training ranges between several days and several months, with the ability to choose a full weekly schedule (five days per week) or a partial one (three days per week). Daily activities take place between 8:00 A.M. and 3:00 P.M.
- **Board:** The in-service training program includes full board breakfast and lunch are served in the hospital's staff dining room.
- **Certificate of completion:** At the end of the in-service training, the participant will be given a certificate of completion from Tel Aviv Sourasky Medical Center, affiliated with Tel Aviv University
- The hospital's academic library: A full, advanced medical library, including various professional literature, computer rooms, and conference rooms, is available to training participants
- **Professional and personal support for each participant:** Dr. Elena Itzhakov, Director of the International Center for In-service Training of Physicians and Nurses, will provide ongoing support and assistance to the participants as needed.

### Registration for Physicians' In-service Courses

For more information and to register, please contact Dr. Elena Itzhakov, Director of the International Center for In-service Training for Physicians and Nurses.

### elenaiz@tlvmc.gov.il

Please include the following documents:

- A photocopy of your passport
- A photocopy of your medical diploma
- Your CV (in English)

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#### **B. Off-the-shelf Courses and Customized Courses**

Courses on the following topics will be available throughout 2019:

- 1. Oncology
- 2. Diabetes
- 3. Metabolic syndrome
- 4. Thyroid cancer
- 5. High blood pressure
- 6. Neonatal intensive care
- 7. Skin diseases
- 8. IVF (in vitro fertilization)
- 9. Imaging US, CT, MRI
- 10. Invasive cardiology
- 11. Pediatric and adult neurosurgery
- 12. Orthopedics
- 13. Orthopedic oncology
- 14. Otolaryngology (ear, nose and throat) diseases

However, if you wish to attend a course that is not on the above list, we invite you to contact us, and together we will create dedicated courses according to your requirements.

#### **Academic Credit**

- Eight academic credit hours for a day-long course
- Ten academic credit hours for two days
- Twenty-four academic credit hours, for courses given over three days

**Participants:** Holding the course is conditional upon minimum registration of 15 participants.

**Board:** The in-service training includes lunch, which is served in the medical staff's dining room.

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**Certificate of completion:** At the end of the course, the participants receive a certificate from the Tel Aviv Sourasky Medical Center, which is affiliated with Tel Aviv University.

**The hospital's academic library:** A full, advanced medical library, including a variety of professional literature, a computer room, and a conference room, is available to the participants.

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### **Registration for Courses**

For more information and to register, please contact Dr. Elena Itzhakov, the Director of the International Center for In-service Training for Physicians and Nurses, by e-mail at elenaiz@tlvmc.gov.il.

Please make sure to include the following documents:

- A photocopy of your passport
- A photocopy of your medical diploma
- Your CV (in English)

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#### **C. Two Sample Courses**

#### **Sample Course: Oncology**

Off-the-shelf or customized

**Academic credit:** 24 credit hours, course given over three days between 8:30 A.M. and 3:30 P.M.

**Course objective:** To expand knowledge of the following topics:

- Breast cancer
- Prostate cancer
- Lung cancer
- Cancer of the digestive system

The causes of cancer, the development mechanisms of various types of cancer, diagnosis, treatment, and prevention

**Instructors:** The instructors are among the leading oncology specialists in Israel and around the world.

- Professor Ido Wolf, Director of the Oncology Division
- Professor Ofer Merimsky
- Dr. Ravit Geva
- Dr. Irina Stefanski

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#### **Sample Course: Diabetes**

**Academic credit:** 24 credit hours, course given over three days from 9:00 A.M. to 4:00 P.M.

**Course objective:** To expand knowledge and understanding of the following topics:

- The causes of diabetes: risk factors (obesity, genetics, medication use, and other causes)
- **Early diagnosis:** Evaluation of groups at risk, performing dynamic tests for early diagnosis of pre-diabetes and diabetes
- **Treatment methods:** Medical treatment to alleviate the burden on the liver (from oral treatment to injections), innovations in medications, side effects, response to treatment
- Complications and co-morbidity of diabetes; treatment and coping: nephropathy, retinopathy and diabetic neuropathy
- **Preventing the development of diabetes:** proper nutrition, physical activity, sleep hygiene

**Target population:** The course is intended for primary care providers, internal medicine specialists, and endocrinologists.

#### **Lecture Staff**

- Dr. Roy Eldor (endocrinology)
- Dr. Elena Itzhakov (endocrinology)
- Dr. Meital Shaked (nephrology)
- Dr. Ludmila Shopin (neurology)
- Ms. Limor Ben-Haim, dietitian